Items that have been suggested are as follows, it has been recommended that we do not buy anything in glass.

Also low sodium items are good!

Spam
Corned Beef Hash
Dinty Moore Stew
Chunky soups
Tuna Fish
Canned chicken
Canned ravioli and spaghetti
Canned Beans
Canned Fruit
Peanut Butter
Tomato Sauce
Coffee

We are going to get a couple of covered bins so we can have some products in cardboard:

Pasta
Oatmeal

Non-Food Items

Dish Detergent
Body Soap
Spray Cleaner
Kleenex
Paper Towels
Tylenol*
Cough Medicine*

*Over the counter medications will be dispensed by a doctor